LES FLAMMES FRENCH FLATBREAD

Traditionelle Gratinée \$13.50

Crème Fraiche, Onion, Gruyère, Bacon

L'Ail \$13.80

Traditionelle with Garlic

Forestière \$13.90

Traditionelle with Mushrooms

Chorizo Jalapeño \$15.00

Crème Fraîche, Onion, Gruyère, Beef Chorizo, Jalapeño

VEGETARIAN FRIENDLY:

La Végétarienne \$13.90

Crème Fraîche, Onion, Gruyère, Bell Pepper, Mushrooms

L'Aubergine \$14.20

Crème Fraîche, Onion, Gruyère, Eggplant marinated in French herbs and EVOO

Le Bleu \$14.50

Crème Fraîche, Onion, Gruyère, Blue Cheese, Cranberries, Candied Pecans.

Le Chèvre \$15.50

Crème Fraîche, Onion, Gruyère, Goat Cheese, thyme, walnuts.

*All ingredients can be mixed and matched; Create your own Tarte Flambée!



LAFLAMMEFRANCAISE

LES QUICHES

Quiche Lorraine

\$11.60

Gruyère and Bacon

Quiche du Jour

Starting at \$11.70

Selections include but are not limited to:

Spinach Emmental

Broccoli Cheddar

Mushroom Leek

Ratatouille

Leek and Brie

Cauliflower Gruyère

Whole Quiche 6" (serves 3-4)

Starting at \$29.00

Whole Quiche 9" (serves 6-10).

Starting at \$55.00

Pre-order your whole quiche for delivery to market, we can deliver hot or par-cooked for for you to finish. Par-cooked can store for several days in your refrigerator before cooking.

LES SALADES

La Niçoise

\$15.50

Tuna cured in EVOO, Avocado, Radish, Tomato, Cucumber, Bell Pepper, Onion, Egg and Garbanzo Beans. Dressed with our signature vinaigrette. Packed with Protein and Fiber